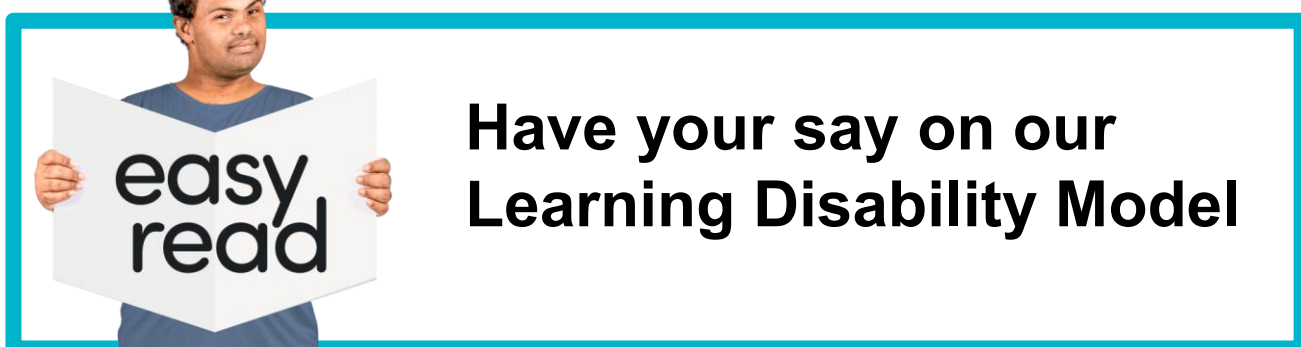


Our plan to support people with a Learning Disability

Tell us what you think!

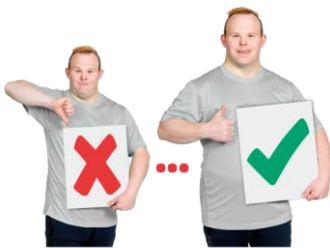


Tell us what you think



We have written a plan called the **Learning Disability Service Model**.

The plan will help people with a learning disability to get health and social care support.



We want to know what you think about the plan so we can make good changes.

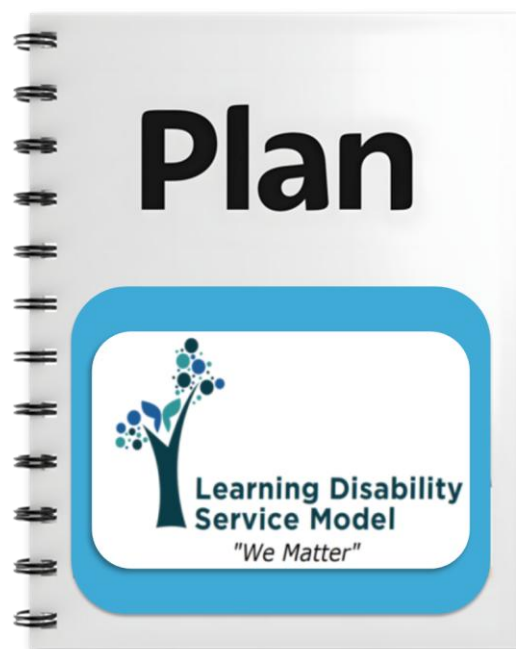


Read our plan then answer the questions at the back of this document.



Please send us your answers by
25 November 2025

Our plan



I am happy being me.
With the right support, I do great things.

I want to live a full life, make my own choices, and be treated with kindness and respect.

It's not rocket science. I just need to be listened to!

Michael Holland, TILII

Our Ambitions

This is what we want to happen for people with a learning disability.

1. Life Changes



What we want

People with learning disabilities get help during big life changes.



What this means

Everyone goes through life changes.
Some changes happen slowly.
Some changes happen suddenly.



One big change is moving into Adult Learning Disability Services.

This can be hard.
We want to make this change easier.



What success looks like

Support at every part of your life.
Support that changes as your needs change.



There is information that is clear and easy to understand.



People with a learning disability and families help make care plans that look at

- ✓ health
- ✓ social care
- ✓ housing
- ✓ day activities.

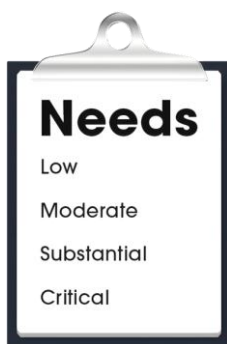


There are plans to help move from children to adult services.

Planning starts at age 14.

Health, social care, and education services work together to make these plans.

Plans change as you get older.



Every person with a learning disability has their needs and strengths looked at fairly.

You are supported to have choice about your life and care.



You have a named staff member to support you.

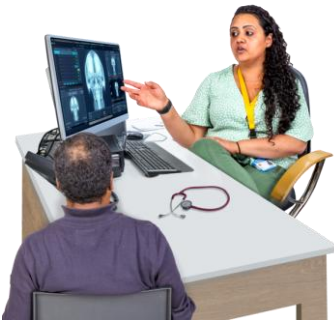
Transition Link Workers will help young people move from children to adult services.

2. Health and wellbeing



What we want

People with learning disabilities will be healthier and get better healthcare.



What this means

We want to make it easier for people with learning disabilities to

- ✓ see a doctor
- ✓ get health checks and
- ✓ stay healthy.



What success looks like

People with learning disabilities can get yearly health checks from age 14.



People with learning disabilities can get **Health Passports** from age 14.

Health passports tell healthcare staff how to best communicate and support you.



We will make **reasonable adjustments** and help people get hospital appointments.

Reasonable adjustments are small changes that help people use services fairly and easily.



Health Facilitators will help people

- ✓ use health services like your GP or dentist
- ✓ understand how to stay healthy
- ✓ join health and wellbeing activities



There will be easy to understand information about

- ✓ taking care of your health
- ✓ staying well



Care plans will

- ✓ help stop health problems before they start
- ✓ have information about health conditions and support needed.

3. Carers and Families



What we want

Families and carers are listened to and get the help they need.



What this means

Carers do an important job every day. They help people with learning disabilities.

Carers need help and support too.



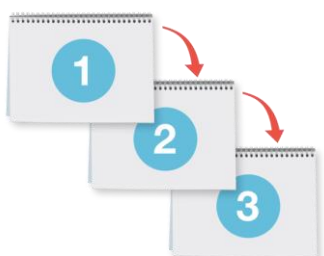
What success looks like

Carers can get a **Carer's Assessment and Support Plan**.

This checks what help carers need and writes down what help they will get.



Carers can get breaks when they need them.



Families will be helped to plan for the future.



Carers will get training and support.



Carers are supported to

- ✓ get services or
- ✓ get money to choose support for the person they care for.



There are **advocates** for carers and people with a learning disability.

Advocates are someone who speaks up for you and what you want.

4. Meaningful Lives and Citizenship



What we want

People with learning disabilities enjoy life and are part of their community.



What this means

People with a learning disability should have support to

- ✓ Learn new things
- ✓ Join in with their community
- ✓ Make friends
- ✓ Do activities they enjoy



What success looks like

Care plans will be updated every year.

Care plans will include

- ✓ Social activities
- ✓ Work or volunteering
- ✓ Learning new things



People will be supported to join local groups and services.

Services will work together with the local community to help plan good support.



People can choose what activities they want to do.

They can get an **advocate** to help them speak up for what they want.



People will get help to make and keep friendships.

5. Home



What we want

People with learning disabilities live as independently as possible.

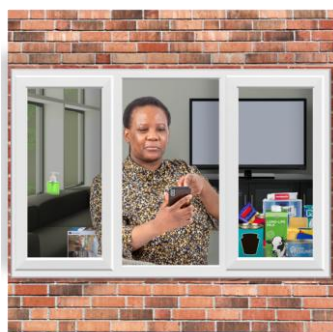


What this means

Everyone needs a safe and happy home.

People should be able to choose

- ✓ Where they live
- ✓ Who they live with



What success looks like

People can stay in their own home as long as possible.



There will be more housing choices with support.

House choices will meet the needs of each person.



Homes will be near buses, activities, shops and services.

6. Mental Health and Behaviour



What we want

People with learning disabilities will have better mental health.
They will get the right help at the right time.



What this means

People with learning disabilities can feel sad, anxious or angry.
They may show this in how they behave.

It is important to understand what their needs are to support them better.



What success looks like

People will have their needs checked to see what support is best.



Care plans will include mental health and behaviour needs.



Services will work together to give the right support.



Staff will be trained to give the right support.



People can get help at home or in safe places in their community.

Hospital will be used only when really needed.



There will be good plans to support people after they leave hospital.



There will be support or specialist help.
For example, for dementia or drug addiction.

What do you think?



Please tell us what you think about our plan to support people with a Learning Disability.

You can get help to fill in this form.



1. Do you agree with what we want to happen in our plan?



Yes



Not
Sure



No



Is there anything else you would like to tell us?



2. What is good about services right now?



3. What isn't working in services right now?
What could be better?



4. In our plan we say what we want to happen. These are our ambitions.

What do you think is most important to make happen?

You can tick more than one box.



Life changes

For example, leaving school or moving house.

☐

Staying healthy

☐

Support for families and carers

☐

Making friends and having a good life

☐

Having a good home

☐

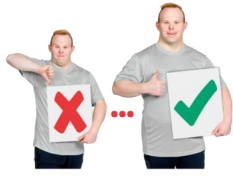
Help with mental health and behaviour

☐



5. Is there anything else really important for us to make happen?

Is there an ambition you would add to our plan?



6. What are your ideas to make services better?

I am providing feedback as...

An individual

☐

A group

☐

Your contact information



Your name



Name of your group



Your address and postcode



Your telephone number



Your email address

Send us your answers



Please send your answers to us by post or email.



Post them to us at

Learning Disability and Autism Unit
Department of Health
Room D2
Castle Buildings
Stormont
Belfast
BT4 3SQ



Or email

ldsm@health-ni.gov.uk



You must send us your answers by
25 November 2025.

Your information



We have a plan to keep your information safe.

You can read our Privacy Notice for more information about this.

<https://www.health-ni.gov.uk/publications/learning-disability-service-model-consultation-privacy-notice>

What happens next?



After the closing date we look at what people told us and write a report.

This report will help us make good changes to our plan.

